#### COUNTY OF LOS ANGELES - DEPARTMENT OF MENTAL HEALTH

#### CULTURAL COMPETENCY COMMITTEE MEETING MINUTES

**Date:** April 13, 2016

**Present:** Ann Lee, SA 8 Long Beach/South Bay Geo Initiative; Belanie Brown, DMH/Community & Government Relations

Division; Bernice Mascher, Al/AN community member; Betty Dandino; LACCC, chair; Brian Valdez, Latino Coalition; Carlos Ludena, Coalición Latina; Carlos Valdez, Coalición Latina; Chandler Norton, DMH Older Adults System of Care; Denise Johnson, Alafia Mental Health; Georgina Lopez, Exceptional Children's Foundation; Harold Turner, NAMI Urban LA; Irene Valdovinos, Azusa Pacific University; Karen Macedonio, SAAC 5, co-chair; Kevin Smith, OCHCA; Kenneth (KC) Pickering, OCHCA; Leticia Ximenez, DMH Community & Government Relations Division – CCC Co-chair; Lisha Singleton, DMH; Luis Garcia, Tri-City Mental Health Services; Perla Valdez, Coalición Latina; Rafaela Diaz, Hillsides; Reyna Leyva, SA 4 Administration; Robert A. Valdez, Coalición Latina; Rosa Mancilla, West Central; Roxana Linares, PSB-QID; Sandra Chang Ptasinski, PSB-QID; Sandra Clayton, LACC; Sherry Larkin, UCLA; Shirley Flournoy, TAY Division/Commissioner; Silvia Sosio, NAMI; Sunnie Whipple, Al/AN community member; Yovette Roldan, SCHARP/BFA; Yue Hua Xu (Vicki), DMH SA 3.

**Participants via Webex:** Catherine Clay, Women's Community Reintegration; Dalia Cisneros, Five Acres; Malcolm Clayton, VIP; Saadia Jackson, Compton Mental Health Center; Sharon Lyles, MH Commissioner; Sunny Yu, Hollywood MH Clinic; Tina Kuperman; Wendy Cabil, DMH SA 1; Winnie Shay.

Agenda Items	Comments/Discussion/Recommendations/Conclusions	Action Item	Person(s) Responsible
Welcome & Introductions	Attendee introductions		CCC membership
Review of Minutes	March minutes reviewed and approved.		Co-Chairs
Ethnic Services Manager (ESM) Update	<ol> <li>CCC demographical information         <ul> <li>a. The annual CCC Demographics are being revised. Members who joined the CCC after March 2015 are encouraged to fill in the Demographics chart during the CCC meeting or submit their information to the ESM</li> <li>b. An analysis of attendance to meetings will be completed and the names of the members who joined one meeting within the calendar year will remain and those who didn't will be removed.</li> </ul> </li> <li>New updates will be presented by the ESM during the May 2016 meeting</li> </ol>		Sandra Chang Ptasinski
MHSOAC	No Updates.		

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System Leadership Team (SLT) Update	Next SLT meeting is on April 20 <sup>th</sup> , 2016 at 9:30am in St. Anne's. If you have any questions or would like to attend this meeting, please see Leticia or Bernice.		Leticia Ximenez
Presentation: Integrating a Cultural Competency Framework for a SBIRT Training	<ol> <li>Rachel Castaneda from Azusa Pacific University, presented on the Screening, Brief Intervention &amp; Referral to Treatment (SBIRT) project that is currently on the developmental phase and is being implemented in collaboration with DMH</li> <li>SBIRT acronym stands for S (Screening), BI means (Brief Intervention), RT indicates (Referral to Treatment) and it's an evidence-based practice for the identification, prevention &amp; reduction of substance use disorders in allied health care settings (e.g. hospitals, community clinics, primary care, schools, dentistry, etc.)</li> <li>This project is to train college students on the SBIRT Practice that is funded by Substance Abuse Mental Health Service Administration (SAMHSA)</li> <li>Results from National Surveys indicate that alcohol and drug use is common among the General Population (12 and older) and substance use is not talked about as a health issue and is generally ignored</li> <li>There is also a lack of training and the goal for SBIRT is to address the growing issues with unhealthy and risky substance use among the general population; and the links to medical, mental, and social welfare issues</li> <li>SBIRT has been endorsed as a National Priority, as recognized by changes to Medicaid under the Affordable Care Act (ACA)</li> <li>Recognized Licensed Practitioners can provide SBIRT practices and training is required if not certified</li> <li>This is a 3-year project and currently on its sixth month. Project will be implemented in the summer of 2016.</li> <li>One important piece of this project is the integration of Spirituality and Faith into the SBIRT practice. How can a cultural competency framework be added? SBIRT currently uses standard questions to assess risk level, but what kind of cultural competency faith-related questions should be included?</li> <li>The CCC provided their feedback and recommendations on this topic and the responses were taken into consideration and will be included. Some responses included: add</li></ol>	A new PowerPoint presentation will be forwarded to Leticia with the contact information of the presenters and Leticia will forward it to the CCC	Rachel

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Mental Health and Spirituality Conference	1) Bernice briefly gave an overview of the (one hour and a half) Spirituality Conference presentation and provided the CCC with a copy of the PowerPoint slides; "Beyond the Horizon: Shifting Cultural Perspectives." Bernice presented on the following items:  a. Shifting Perspectives b. Cultural Perspectives c. The CCC logo (will be presented by Sandra at the conference) d. The CCC's Mission statement e. Definition of Culture * The CLAS definition will be included on the presentation f. Definition of Cultural Competency g. Ongoing CCC Collaborations h. Definition of Spirituality and Religion i. Research on Spirituality and Health j. The Role of Religion and Spirituality in Culture k. LACDMH Parameters l. Panel Questions (questions are still being worked on) 2) Names of the of the members who helped put this presentation together will be added to the presentation 3) The information will be presented by the people with lived experience 4) The CCC provided their feedback, and their input will be added to the presentation. The final product will be shared with the CCC. 5) A photo of the CCC members was taken and it will be included on the presentation		Ad hoc Workgroup
2016 Workgroup Updates	<ul> <li>CCC members were encouraged to join a Workgroup</li> <li>Workgroup leads provided their workgroup information (e.g. workgroup name, name of co-lead(s), meeting date and time, etc.)</li> </ul>		Workgroups
Next meeting	Wednesday, June 8, 2016, 1:30 pm to 3:30 pm at 550 S. Vermont Ave, 3 <sup>rd</sup> floor conference room, Los Angeles, CA 90020		

Respectfully Submitted, Sandra Chang Plasinski, Th. D.

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LACDMH
Program Support Bureau
Quality Improvement Division
Cultural Competency Unit
Ethnic Services Manager